



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FIND YOUR WELLNESS. FIND YOUR Y.



FAMILY	\$55/MONTH
ONE PARENT FAMILY	\$45/MONTH
ADULT	\$35/MONTH

Join the Y to take care of yourself and spend quality time with your family. Your Y membership offers you:

1. Lots of fun group exercise classes which are included with your membership for no extra fee
2. Cardio equipment to get your heart pumping
3. Fully equipped fitness centers to build your strength
4. Heated indoor pools to swim laps, enjoy water aerobics and family swim time
5. Indoor Track for walking and running
6. Basketball and racquetball courts to get your game on
7. Child Watch babysitting service included while you work out
8. Special lower full member rates on programs and summer camp

Sign up January 1 – January 30, 2022. No joiner's fee. No contracts. Some restrictions may apply. Contact us for more information.

Contact:

* Carmen Chaparro at the Meriden YMCA at 203.440. 0260 or cchaparro@meridenymca.org

* Cindy Rivera at the New Britain YMCA at 860.229.3787 or crivera@nbbyymca.org

MERIDEN-NEW BRITAIN-BERLIN YOUNG MEN'S CHRISTIAN ASSOCIATION, INC.

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