

## Section 1- Strong Policies and Aligned Practices

This document identifies where the district has a strong policy and is fully implementing practices that align with the policy.							
Item number	Item description						
							* = Federal Requirement
NE1*	Includes goals for nutrition education that are designed to promote student wellness.						NE= Nutrition Education
NE7	Links nutrition education with the school food environment.						SM=School Meals
SM2	Addresses access to the USDA School Breakfast Program.						NS= Nutrition Standards
SM3*	District takes steps to protect the privacy of students who qualify for free or reduced price meals.						PEPA= Physical Education & Physical Activity
SM4	Addresses how to handle feeding children with unpaid meal balances without stigmatizing them.						WPM= Wellness Promotion & Marketing
SM6	Specifies strategies to increase participation in school meal programs.						IEC= Implementation, Evaluation & Communication
SM8*	Free drinking water is available during meals						
NS1*	Addresses compliance with USDA nutrition standards (Smart Snacks) for all food and beverages sold to students during the school day.						
NS3*	Regulates food and beverages sold in a la carte.						
NS4*	Regulates food and beverages sold in vending machines.						
NS5*	Regulates food and beverages sold in school stores.						
NS6*	Addresses fundraising with food to be consumed during the school day.						
NS7	Exemptions for infrequent school-sponsored fundraisers.						
NS8	Addresses foods and beverages containing caffeine at the high school level.						
NS9*	Regulates food and beverages served at class parties and other school celebrations in elementary schools.						
NS12	Addresses food not being used as a reward.						
NS13	Addresses availability of free drinking water throughout the school day.						
PEPA1	There is a written physical education curriculum for grades K-12.						
PEPA2	The written physical education curriculum for each grade is aligned with national and/or state physical education standards.						
PEPA7	Addresses qualifications for physical education teachers for grades K-12.						
PEPA12	Addresses before and after school physical activity for all students including clubs, intramural, interscholastic opportunities.						
PEPA13	Addresses recess for all elementary school students.						
WPM4	Addresses physical activity not being used as a punishment.						
WPM6	Specifies marketing to promote healthy food and beverage choices.						
WPM7*	Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards.						
IEC1	Addresses the establishment of an ongoing district wellness committee.						
IEC4*	Addresses making the wellness policy available to the public.						

## Section 2 - Create Practice Implementation Plan

This document identifies areas where there is a strong or weak policy, but practice implementation is either absent or limited.								
								* = Federal Requirement
<b>Item number</b>	<b>Item description</b>							NE= Nutrition Education
NE2	Nutrition education teaches skills that are behavior focused, interactive, and/or participatory.							SM=School Meals
NE3	All elementary school students receive sequential and comprehensive nutrition education.							NS= Nutrition Standards
NE6	Nutrition education is integrated into other subjects beyond health education.							PEPA= Physical Education & Physical Activity
NE8	Nutrition education addresses agriculture and the food system.							WPM= Wellness Promotion & Marketing
SM7	Addresses the amount of "seat time" students have to eat school meals.							IEC= Implementation, Evaluation & Communication
PEPA14	Addresses physical activity breaks during school.							
PEPA15	Joint or shared-use agreements for physical activity participation at all schools.							
WPM2	Addresses strategies to support employee wellness.							
IEC3*	Identifies the officials responsible for the implementation and compliance of the local wellness policy.							

## **Summary of Assessment Findings**

### **Create a brief narrative description of your district's compliance with federal requirements for written policy:**

Through assessment of the District's written wellness policy, it was determined there are six federal requirements that the District fully implements practice, but there is no or weak language written in the wellness policy.

1. Assures compliance with USDA nutrition standards for reimbursable school meals.
2. Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards.
3. Addresses how all relevant stakeholders (parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrator, and the general public) will participate in the development, implementation, and periodic review and update of the local wellness policy.
4. Addresses the assessment of district implementation of the local wellness policy at least once every three years.
  5. Triennial assessment results will be made available to the public.
6. Addresses a plan for updating policy based on results of the triennial assessment.

### **Create a brief narrative description of your district's compliance with federal requirements for practice:**

Through the interview process, it was determined there is one federal requirement where there is reference in the policy, but practice implementation is weak.

1. Identifies the officials responsible for the implementation and compliance of the local wellness policy.

### **Create a brief narrative description of your district's compliance with any additional components of your written policy:**

Through interviews and assessment of the District's written wellness policy, areas were identified which are not federal requirements, but would further promote wellness in the District. The District wellness committee will review these optional best practices, determine if there is a priority, and if so, update the policy and create a practice implementation plan.

### **Create a brief narrative description of your district's next steps and future goals:**

The District wellness committee will review the assessment, highlight the strong policies and aligned practices, make changes where necessary, and identify areas for improvement in communication, the written policy, or practice implementation.