

Class Dates

February 21, 23, 28

March 2, 7, 9, 14, 16

21, 23, 28.

Weekdays classes are held 5:30 to 8:30 PM in the New Britain High School lecture room across the hallway from the gym.

Saturday Classes

From 9:00am -12:00noon

Feb 25

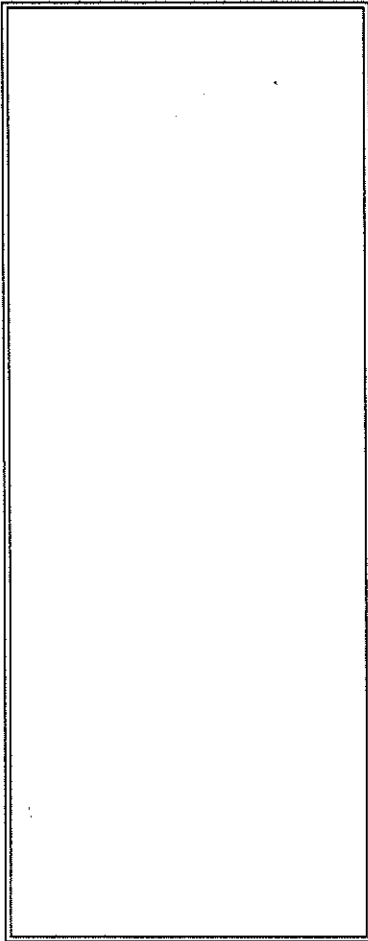
March 4; 11; 25

There are 20 class seats available for this class.

Attendance Statement - Please Read

Students must complete all required reading, class assignments, including home study and pass final exam in order to complete the course of study. Late attendance or early dismissal will not be accepted /counted toward class attendance.

Your full attendance (in all classes) is required by the New Britain Board of Education and the State of Connecticut.



**New Britain Public Schools
Spring 2017**



**PRINCIPLES
OF
ATHLETIC
COACHING**

Successful completion of this course is one the State of Connecticut requirements for any individual wishing to obtain a Connecticut Coaching Permit.

This course is being offered under the supervision of the Department of Athletics of the New Britain Public Schools

**Nancy Sarra
Superintendent of Schools**

**Leonard Corto, C.A.A.
Director of Athletics**

Joseph P. Canzanella, C.M.A.A.

Introduction

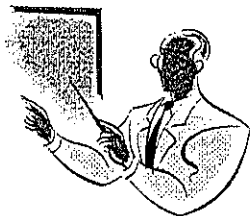
The New Britain Consolidated School District is authorized by the Connecticut Board of Education to provide instruction in the area of the principles of athletic coaching.

Successful completion of this course is a major component in order to apply for a Coaching Permit in the State of Connecticut. This course is a pre-requisite for those individuals not holding a valid State of Connecticut teaching certificate. The applicant must be a high school or college graduate and hold a valid First Aid and CPR certificate.

Course Overview

This course will offer instruction, information and practical application that can be successfully used by teachers/coaches of athletics at all levels.

Each instructor will use a variety of media for course work. Small group instruction, discussion, research and out of class assignments will be components of the overall instruction and application of class principles.



Course of Study

- **Elements of Coaching**
 - ◊ Philosophy
 - ◊ Objectives
 - ◊ Style
 - ◊ Coaching Character
 - ◊ Student Diversity
- **Teaching & Coaching**
 - ◊ How students learn
 - ◊ Teaching Plans
 - ◊ Practical Teaching
 - ◊ Instruction of Skills
 - ◊ Supervision
- **Psychology / Behavior**
 - ◊ Classroom Management
 - ◊ Communication
 - ◊ Learning Behaviors
 - ◊ Inspiration / Motivation
- **Sports Medicine & Safety**
 - ◊ Training Basics
 - ◊ First Aid & CPR Certification
 - ◊ Head Injury - Module 15
 - ◊ Muscular Fitness
 - ◊ Nutrition / Sports Medicine
 - ◊ Drugs and Supplements
 - ◊ Risk Management
- **Organization**
 - ◊ School Law & Liability
 - ◊ Relationships
 - ◊ Record Keeping
 - ◊ Team Management
 - ◊ Public Relations

New Britain Public Schools

Principles of Athletic Coaching Registration Form

Name: _____

Home Address: _____

City: _____ Zip: _____

Home Phone: _____

Cell Phone: _____

Work Phone: _____

Email Address: _____

School: _____

Social Security (last four) _XXX-XX-_____

Registration Information

Class registration cost is \$ 85.00. Cost includes instruction tuition and course materials. Registration form must be received with payment prior by February 21, 2017.

NO REFUNDS AFTER - FEBRUARY 21 2017

Please make checks or money order to:
New Britain Schools - Coaching Course